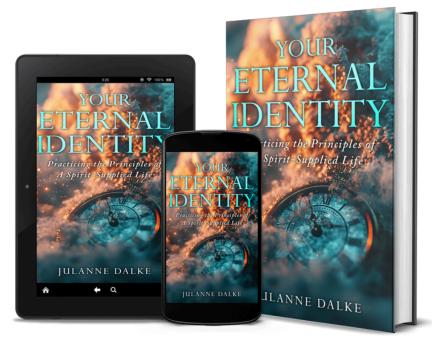
# Media Kit Julanne Dalke



- Author Bio
- Who Should Read This Book
- Book Bio
- Book Excerpt
- Interview Questions
- Story Ideas for Reporters
- Endorsements
- Connect with Julanne Dalke



"Julanne's work is deep, profound and clear. She is a fun loving and empowered woman who loves to support others to find their way through life. Her work is truly liberating."

#### -Dawn Lianna

MA, Owner Intuitive Callings Publishing and Training Company

"Julanne Dalke's wisdom, wit and wealth of knowledge are matched only - perhaps by her creativity, charisma and compassion. Julanne and her vast, creative, spiritual tool-kit have been of enormous value to me every time we have interacted, often at critical junctures and transitions in my life. Be prepared. Working with Julanne will change your life... way, way, way for the better."

#### -Laura Handke

Author of Six Degrees to Your Dreams, Editor's Choice Award recipient, iUniverse

## **JULANNE DALKE**

Julanne plunges into the mysteries of transformation and self-realization. She embodies intensity, passion and unparalleled intuition. With a natural inclination towards the mystical and unseen, she explores life's deepness, seeking truth and understanding through spiritual practices of alignment with Divinity. She is fiercely loyal and protective of her family and friends, wielding her power with a profound emotional depth and resilience.

She learned to listen for spirit guides and angels in nature and found spiritual freedom in the beloved hills of the Kings Valley in Oregon. It was there that she learned to live by the supernatural Supply which is the basis for **Your Eternal Identity**.

She holds certificates of education in the fields of meditation, writing, and public speaking. She volunteers for Recreational Reading for the Blind, Phoenix Arizona and holds a certificate of over 5,000 hours for outstanding service from Katie Hobbs, Governor of Arizona.

Her transformational nonfiction book, *Your Eternal Identity, Practicing the Principles of a Spirit Supplied Life*, was published in October 2024.

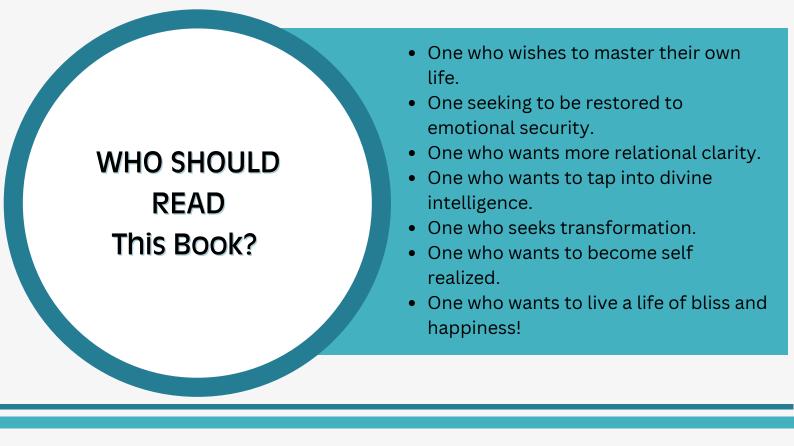
Julanne is the facilitator and founder of Free to Be for in-home meditative studies. A strong relator, Julanne specializes in the area of encouragement. She allows the spirit of increase to express itself through prolific writing. Julanne believes as you learn to trust the wisdom of your heart and make creative choices based on what you know to be true and what is right for you, the process becomes progress.

"Everything that you can conceive and accept is yours. Entertain no doubt. Refuse to accept worry or hurry or fear. That which knows and does everything is inside you and hearkens to the slightest whisper." Uell Stanley Andersen

"Forgiving the ego for having a particular negative thought is a very powerful tool. In the moment you forgive the thought, you are acknowledging that you are not your fear." -Gabrielle Bernstein

"Positivity is the current upon which bliss flows." -Julanne Dalke

### BENEFITS OF YOUR ETERNAL IDENTITY



### So Here is What I Now Know:

- 1. There are basically three laws of the universe. That which is like unto itself is drawn. It's the law of attraction and it snowballs in either direction. Wanted or unwanted.
- 2. We have the capacity to create whatever it is we want by conscious thought. Expect to get what you think about. It's the law of deliberate creation.
- 3. The art of allowing. I am wise enough not to focus upon that which brings me discomfort. I stay ahead of doubt before it can manifest into something unwanted.

"The Master observes the world but trusts his inner vision. He allows things to come and go. He prefers what is within to what is without." **-Lao Tsu** 

### ABOUT YOUR ETERNAL IDENTITY

#### Be the Author of your Own Destiny!

- Are you at war wih how you truly feel?
- Do you resist being influenced by your most intimate circles?
- Are you living your life to be accepted by your parents, your peers, your wife, your husband, your children, or society in general?
- Would you like to be free from limitations?
- Are you willing to let go of your struggles and apply the principles outlined in **Your Eternal Identity**, so you can feel safe rather than attacked?
- Are you ready to apply practical, proven processes to feel secure rather than judged?
- Are you looking for ways to feel calm instead of harassed?

If you answered yes to any of these questions, **Your Eternal Identity** is crafted just for you. It is a powerful blueprint for personal growth and self-realization!

**Your Eternal Identity** draws on a unique blend of universal spiritual wisdom and powerful advice, and asks that you stir your soul awake, embrace your spiritual self and release the river of your unlimited potential. For over a decade Julanne has been inspired to apply spirit-supplied principles to support her husband's many victories surviving cancer, living with blindness and heart disease.

In **Your Eternal Identity** you will learn to let go of past trauma, preconceived ideas, shame, doubt and worry. The book addresses four Spirit Supplied guidelines. Change, Transformation, Adaptation and self-realization.

You will learn to let go of blocks rooted in fear caused by limited thinking. Discouragement, remorse, depression, substance abuse, relationship blocks and other debilitating behaviors define just a few.

You are, in truth, beings of light; pure positive energy inhabiting physical bodies. Yet for all its permanence, we sometimes ignore this incredible element. Here's the secret to health and happiness.

By mastering thought and aligning with the divine source within you, you can free yourself from the pain of dis-ease and release it. As you do, your energy levels will improve. Your stamina and courage will return and you will find yourself more and more in the flow of well being. Nothing outside of you can touch you. Believe it, affirm it, practice it and you will see it gain momentum in your quest for happiness!

"Your soul meets you on the page and something shifts. You strengthen, you begin to stand stronger. Then one day you notice that your voice on the page becomes your voice in the world." Junie Swadron - Author - ReWrite Your Life and Wisdom of the Silver Sister

### EXCERPT FROM YOUR ETERNAL IDENTITY

#### How does one become a master of alignment?

You have become a master of alignment when you match up with your eternal Identity. You become a master by using your imagination to practice tuning yourself to that which is within you, higher Consciousness.

As you adjust your vantage point until love is what you feel, no matter the circumstances, you have mastered alignment. You must find a way to focus yourself in the world as it is; not ask the world to change so you can focus or feel better. You have to care about releasing negative thoughts even though it might be a difficult thing to do.

Source energy is free of resistance. In alignment you move up the emotional register and tune into a higher vibration. The Source will never come down to your egotistical level. It happens to all of us; I am no exception.You are the only one that can bridge that gap. It's what matters to masters most. Mastery is coming back to live in the world and maintain an even quiver.You can't keep running into a cave of isolation. It will only lead you to despair. You've got to come out and blend with the world.

You can come by this by fostering a consistent state of appreciation. You can also apply meditation and let your good feelings rise. Then focus. A master moves in the world and sees how far he can get before he is on the brink of plummeting. Catch doubt before it can take hold of you. Then meditate again and see how far you can get. Be grateful for all of the positive experiences that are in the body of each and every day. Let your feelings let you know when you are in a state of alignment and milk it!

When you decide you want to feel good, (in alignment with your Eternal Identity) goodness is all you will be able to attract. When attacked, turn the other cheek! Let adversity bounce off of you. Be willing to change and adapt to a more emotional security. With self realization comes an understanding of the deeper meaning of life. *Your* life.

Align, live, notice, adjust, look for the feelings that feel good, (God) just for the feeling of alignment with your eternal Identity. Your inner hero will take you the rest of the way. Reach for the tactile sense of it until you are sure of your ability to center your attention to what strikes you as true. That's what mastery is. Masters are sure of their ability to focus themselves into alignment.

It's important to realize that as we move and have our being, most people in a waking state are not in alignment - a very important piece of information! Guard your heart against outside influence. Look at a person's face. It will give you all the information you need. Expressions are telling!

### EXCERPT FROM YOUR ETERNAL IDENTITY CONTINUED

True masters trust their connection so that at any point in time they can be anywhere and not be affected by the low energies of the people they are mingling with. They watch their self talk. They practice imagining favorable scenarios throughout the day. They put sticky notes of positive affirmations in places where they will be reminded, such as the bathroom mirror or the dashboard of the car. Mold your expectations to agree with the story you want to tell. Then take yourself into the world. Be the love and others will reflect that back to you. In this way you will be a blessing and you will attract blessings and be of value wherever you are.

I want the Source within me to be the dominant relationship which provides me power and leverage so I can be of value and service to others.

This is the uplifter's mantra. Never take your eyes off the relationship with your eternal Identity. Your eternal Identity is out there prepaving your trail, believing in you, encouraging you, knowing that you can be, do or have anything your heart desires. Look for reasons to be optimistic. Be satisfied. Imagine. Make lists of positive aspects; meditate. Hold your attention on what's going right!

If you want to be an influencer; if you want to be a light for someone who is in the darkness, you must practice and model happiness. There is no running away from the inevitable. We all live in the world. But you can choose to see wellness, not sickness. Hold your own vibration at the highest level. This is what true upliftment is. It's catching a glimpse of the divinity in a person and what they really want, which is peace and freedom. As you hold that image for another, clearly, they will then catch a glimpse of it and begin to heal.

You will always be a benefit to others as they feel your unconditional love for them. Bring out the best in people. Be an example of what they want to experience for themselves. This is what teaching is, and we are all teachers. This is what bliss feels like. This is living happily ever after. This is living a life of Supply. This is being a master of alignment. You have a choice at every moment to decide what reality you create.

Alignment is the way to living successfully with your eternal Identity. You will find it easier with practice. Alignment will turn you towards confidence. Alignment will turn to empowerment, invincibility, certainty, and connection with the true Source of your being. As you master your thoughts you master your life! Move in the direction of your eternal Identity. It is the gateway to a precious and fulfilling life.



66-

"This book is a call to action. If you are hungry for an opportunity to embrace change, take responsibility for your own life actions and be transformed, this book is for you. Simple, expert advice rests on every page. It reads like a meditation with real life stories proving that you get what you think about. The message is simple. The examples sound. It helped me realize that I have the power over my own destiny as I apply the principles outlined in **Your Eternal identity**."

-Julie Jin, B.A, RMT, ACM, Minister Rays of Healing, Acasma & Johrei Practitioner, Angel Card Mastery & Guide, psychic/medium intuitive, internationally accredited with American Council of Holistic Healers and WMA.

## **FAVORITE QUOTES**

"Seek divine wealth, not the paltry tinsel of the earth. After acquiring inward treasure, you will find that outward supply is always forthcoming." Srimati Kashi Moni - Sacred Mother

"The moment you decide that what you know is more important than what you have been taught to believe, you will have shifted gears in your quest for abundance. Success comes from within, not without." **Ralph Waldo Emerson, Author and Philosopher** 

"The person who is full of fear dies a thousand deaths, but the courageous person dies only once" **Norman Vincent Peale, Author, The Joy of Living** 

"You may not be able to change the entire world, but you can change one person's world entirely." **Rabbi Daniel Cohen** 

"The ideas in your imagination are distributions from God." -Wayne Dyer, Author - The Power of intention

"The revelation lasted not long, less than a minute, but also forever; time didn't exist as a moment to moment metrodome, but as eternity. I lost the borders between my body and the air, between my heart and my soul, between fear and peace. Everything in me thrummed with loving Presence." Becoming Mrs. Lewis - Author, Patti Callahan

"Imagine a life where you feel confident in your abilities and compassion towards the parts of you that have experienced pain and struggle. Learn how to break the cycle of negative self-talk and create more awareness, clarity and confidence." DailyOM

## **INTERVIEW QUESTIONS**

What would you say to a person blocked by fear caused by limited thinking?

What would you suggest is the best way to help a person open to their own spiritual frequency?

Was there some kind of incident that prompted you to write this book?

Have you ever doubted your inborn wisdom?

Why are people at war with how they truly feel?

Is it good to be influenced by your most intimate circles?

Why is it that when you are in the midst of turmoil that your greatest teachers appear?

Do you question the truth that you were brought up to believe?

Would you like to learn how to take control over your own future?

What are the key principles that you talk about in your book?

How would you describe Your Eternal Identity?

Why are so many people afraid of change?

What do you mean by being a deliberate creator?

Why are positive affirmations of value?

How would you describe a Spirit Supplied Life?

What is the value of meditation?

Why do you think appreciation is critical to a happy life?

Do you let other people define you?

What makes a master of alignment and how does one become a master?

"Better to lose count while naming your blessings than to lose your blessings to counting your troubles." Maltbie D Babcock 1858-1901

# **STORY IDEAS FOR REPORTERS**

#### What are the biggest barriers to living a successful life?

How do we awaken to our inner wisdom?

What does it mean to live a spiritually supplied life?

Self-Realization - The key to one's unlimited potential?

Why is personal growth essential to well being?

What is transformation and why do we need it?

What is the value in aligning with your divine self?

How will letting go of struggles help us live a victorious life?

How does one overcome insecurity and build self-esteem?

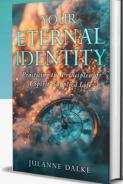
Rising above despair in the midst of trials. Jerry's story of living successfully with cancer, heart, disease and blindness.

"Your Eternal Identity is a profound guide for spiritual seekers, offering a pathway to a happy, healthy, high-performance and fulfilled life. The author gently leads readers to recognise their true spiritual essence—a constant state of love, clarity, wisdom and pure potential beneath the innocent yet limiting habits of the personal mind. She encourages us to pause and be still, reminding us, "As you develop a stronger connection to Divine Wisdom, you will further strengthen your intuition and develop a higher purpose of spiritual clarity. Without resistance, in the lucidness of a sound mind, you will find yourself in the midst of your Eternal Identity".

-**Denise Holland,** Transformative Coach, Speaker, PlayFreely<sup>®</sup> – Spiritual Awareness in Sports



### **JULANNE'S MUSINGS**



#### Your "Your Eternal Identity has found a way to reach out to spiritual

seekers. My faith in alignment with a Divine Power speaks of a sincerity layered with personal reflection, imagination and poignant life events. I have laced positive affirmations in snapshots easily available by just thumbing through the book. I call us to be brave and to step into the power of the Avatar within.

**Your Eternal Identity** defines the word Love in a hundred different ways. Early in the pages of this book, I explain that Love encompasses a range of strong and positive emotional and mental states beyond the sphere of elation. It includes responsibility, trust, empathy, sympathy, sublime virtue and established habits formed in the deepest intrapersonal affection. It means respect, value, self-love, and enacted emotions. You know in your bones that Love is not a feeling alone, but a tactile sense that propels you into the world of action.

**Your Eternal Identity** teaches that each individual has their own guidance system of a Divine nature. If you imagine your intuition has a voice, you might ask that voice what it is trying to tell you. Following the advice you find through the power of your own speech could lead you to make decisions based on what the inner reaches of your soul desires, rather than on external factors that tend to influence you. I encourage you to ignite your imagination to change the story one is living to one that more readily agrees with a positive disposition. Affirmations are included in every chapter and each chapter answers an age old question; Who am I? You are in truth, a being of light, pure positive energy inhabiting a physical body.

There are over 10,000 worldwide religions. *Your Eternal Identity* teaches that each individual has their own guidance system of a Divine nature. I encourage you to ignite your imagination and change the story you are living to one that more readily agrees with a positive disposition.

I was a hider for years. From childhood I lived under conditional love, a people pleaser to the core. I held tight to unnecessary fears that held me back. I was actually hospitalized as a result of anxiety. But as an adult I gave myself permission to dream a new dream, and create the future I wanted for myself. I soon became limitless. Every time I questioned myself, every time I was afraid to fall, I tapped into my inner Voice that told me the truth. I am worthy to receive anything I ask for. The thoughts you bring to mind are the first step towards liberation.

What I am going through now is part of my soul's process. I am on a golden path. The choices I make now are important. I know the sun is shining on my intentions now for personal growth and life lessons.

Learn Affirmations to change your mindset!

### CONNECTING WITH JULANNE DALKE



https://julannedalke.com



julannedalke@yahoo.com



julannesmusings.blogspot.com (Whispers of the Heart)



https://www.linkedin.com/in/julanne-dalke-484a904



https://www.youtube.com/@julannedalke8719

C

https://www.instagram.com/julanne.dalke/

https://www.facebook.com/profile.p hp?id=100078882204111

Link to Purchase:



